

# Richfield

## Senior Center

### *2017 Annual Report*



#### **Mission**

- Provide an environment that validates the changing needs and interests of senior citizens and enhance growth, dignity and connection with each other and the greater community.
- Foster improved understanding of the unique talents and abilities of senior citizens and their importance to our community.
- Identify senior needs within the community and communicate those needs to the Human Services Commission.
- Through creative programming, provide participants opportunities and resources in the areas of physical and mental health, nutrition, recreation and education.
- Enjoy the fellowship of those who share common interests and goals.

#### **Vision**

We envision a community where everyone leads full, healthy, and inspired lives.

#### **Contact Information**

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#### **Senior Center Staff**

Jan Weber – Coordinator of Human Services  
Linda Corsi – Assistant Coordinator  
Kathy Fedrowisch - Assistant Coordinator  
Elaine Molis – Assistant Coordinator  
Peggy Patterson – Assistant Coordinator & Chef  
Laura Willis – Assistant Coordinator

#### **Human Services Commission**

Lois Czekaj  
Don Larsen  
Paul Swan  
Anne Taylor  
Barb Lanford – Council Rep.

## **Who We Are In 2017**

190 Members  
7,800 participants visited the Senior Center

## **Volunteers**

76 volunteers contributed more than 3,000 hours of service including but not limited to, food preparation, baking, serving, clean up, shopping, transportation for shopping trips, fun trips, doctor visits, senior center, care of inside plants, care of birdfeeders, running bingo and other games, hosting movies, band practice & jam sessions, library maintenance, photography, window displays, handyman, sunshine, meal delivery, office assistance, hand massages, special events, etc.

## **Programs and Services:**

### **Health & Wellness**

32 Residents have the home health monitoring program through the Fire Department  
1,320 Blood pressure checks were administered  
60 Members participated in the podiatry program  
14 Residents participated in the meal delivery program  
Fall flu shots were administered

### **Nutrition**

467 Monday Morning Café Breakfasts were prepared and served at the Senior Center.  
3,020 Meals were delivered  
3,024 Thursday lunches were prepared and served at the Senior Center



*Monday Morning Café*

### **Transportation**

20 rides were provided primarily for programs at the Senior Center, as well as for doctor office visits.

## Classic Movies

A classic movie is hosted at the Senior Center the first Tuesday of the month, April through November. Themed decorations, lively discussions, delicious refreshments and socializing are enjoyed by all. Free



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## Library

Many donated books, magazines and puzzles are available to take home.

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## “Memories Unlimited” - Senior Center Band

The Senior Center’s very talented band hosts a jam session on the 4<sup>th</sup> Tuesday of the month. Guests enjoy singing, dancing or just listening to a wonderful variety of music. Coffee, tea and dessert are provided. 425 guests attended in 2017. Free



**Memories Unlimited Band**

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## Physical Activities – promotes mobility and can turn back the aging clock

### Arm Chair Exercises

Offered every Thursday, prior to lunch and bingo. This is low impact chair stretching exercise.

### Tai Chi

Offered every Wednesday, Tai Chi is a great way to improve your strength and balance. This exercise program stresses balance control, flexibility, and cardiovascular fitness. Our expert Tai Chi instructor has been teaching at the Senior Center for 18 years. There were 230 participants in 2017.

### Yoga

Offered twice a week on Tuesday and Friday, Yoga helps keep you active, stimulates energy, promotes a positive attitude, calmer emotions, wisdom, stronger muscles and joints, and eliminates depression. It combines relaxation, meditation and stretching. Our expert Yoga instructor has been teaching at the Senior Center for 11 years. 684 participants in 2017.

## TAI CHI GROUP



## YOGA GROUP



### Fun Bus Trips

The 14 passenger Senior Bus provided 26 trips for 297+ participants.

Trips included visits to various places including:

- Hall China Company – East Liverpool, OH
- Akron Glass Works – Akron, OH
- Presque Isle Casino – Erie, PA
- Smucker's & Rubbermaid – Wooster, OH
- Lehman's Hardware – Dalton, OH
- Root Candle & Miss Molly's Tearoom – Medina, OH
- WestSide Market & University Inn – Cleveland, OH
- Cleveland Natural History Wildlife Museum – Cleveland, OH
- Vermilion River Cruise – Vermilion, OH
- Hollywood Casino – Toledo, OH
- Akron Police Museum – Akron, OH
- Blossom Music Center – Cuyahoga Falls, OH
- Kelley's Island – Kelley Island, OH
- Roscoe Village – Coshocton, OH
- Hartville Marketplace – Hartville, OH
- Richland Carrousel Park – Mansfield, OH
- Velvet Ice Cream Factory – Utica, OH
- Lake Anna Mum Festival – Barberton, OH
- Farm at Walnut Creek – Sugarcreek, OH
- Atwood Fall Festival – Mineral City, OH
- Thomas Edison Museum – Milan, OH
- Christkindl Market – Canton, OH



## **DINNER GROUP:**

The dinner group continues our evening outings April through November. We dine at a variety of restaurants within the greater Cleveland and Akron areas on the third Wednesday of the month. 126 dining guests enjoyed a delightful evening out, enjoying great food and fun socializing and making new friends.

Restaurants enjoyed by all:

- Samosky's – Valley City
- London Pickle Works – Brecksville
- Stancato's – Parma
- Bourbon Street Barrel Room – Ohio City – Tremont
- Famous Chicken – Barberton
- Henry Wahner's German Restaurant – Kent
- Green Diamond Grille – Barberton



## **HAND MASSAGES**

Soothing hand massages were provided on Monday and Wednesday mornings from May through December. 104 hand massages were lovingly provided by a very dedicated volunteer, free of charge.

## **Mental & Physical Activities** – turn back the clock and stimulate the brain

Bingo is played every Thursday

Scrabble is played the fourth Monday of the month

Pinochle is played the fourth Monday of the month

The Richfield Quilters meet every Wednesday



**QUILTERS**



The Mat Makers meet every Wednesday from 10:00-12:00 folding & cutting plastic grocery store bags to make “plarn” and then crochet into mats for the homeless.

## **Special Events**

Guests enjoyed such special events as:

- **VOLUNTEER DINNER** – 75 Volunteers enjoyed a delicious appreciation dinner as a small thank you for all their volunteer services.



- **ANNUAL QUILT FAIR** - featured 107 quilts on display. 170+ guests attended the fair enjoying the beautiful quilts, a country store, the Café, lovely decorations, and raffle items. The theme was “Family Favorites”
- The “People’s Choice Awards” for 2017 went to:
  - 1st Place – June Dengate – “Counted Cross Stitch”
  - 2nd Place – Cheryl Whitcomb – “Eric’s 2014 8 Day Journey”
  - 3rd Place – June Dengate – “Birds”



**First Quilt made by  
The Richfield Friendship  
Quilt Club -- 1930**



**Some of the quilts on display**



**Country Store**

- Jam Sessions were provided by the Senior Center band “Memories Unlimited” and 425 guests enjoyed great music, refreshments and socializing.



**“Memories Unlimited”**

- Approximately 90 guests enjoyed an Ice Cream Social on a lovely August evening. Police Chief Keith Morgan and his wife Nancy, Fire Chief Phil McLean and his wife and Senior Center volunteer Sherri, and Paul and Michal Swan, together with other volunteers served ice cream sundaes, ice cream cones, root beer floats, and our great band entertained with wonderful music.

**Ice Cream Social**



## Big Band Concert

“Moonlight Serenaders” a 20 piece “Big Band” in the Tradition of Glenn Miller entertained sold out crowds in March and October with great music of the fabulous 40’s. Beverages, snacks, sing-alongs and dancing were enjoyed by all. 200+ guests enjoyed the programs.



## **Annual Christmas In The Manor English Tea**

110 guests enjoyed this elegant event featuring fancy finger sandwiches, delicious, decadent and beautiful desserts and cakes. This has become an annual event for many families and friends to enjoy. The Christmas décor was absolutely exquisite. Eight Honor Group Students from Revere High School helped with serving and clean up.



## STATE OF THE ART KITCHEN

The Senior Center long awaited, much anticipated, and desperately needed, state of the art new kitchen became a reality in 2017 due to generous endowment funds received from Elizabeth Swarnik and Barb Millican, both long time residents and members of our Senior Center, plus a Community Development Block Grant.

The kitchen was designed to be in compliance with Health Dept. rules and regulations and we now have a fabulous facility featuring all new stainless steel commercial grade appliances, equipment, and a regulatory fire suppression system. The entire design, enlargement, remodel and construction was completed without any cost to taxpayers. We are very appreciative, honored and grateful for the generous endowments received.

The old cabinets were preserved and installed in our utility room providing us with much needed storage and additional work space.



## **Thank you, thank you, to our many benefactors over the years**

### **Organizations and Businesses – over the years**

- AMVETS Post 176 contributions have provided the Senior Center the ability to purchase beautiful refurbished office furniture, new window blinds for the office, a gorgeous teak patio set, teak rockers & teak benches, a Weber gas grill, new computer system, a great sound system, and carpeting.
- Renaissance of Richfield, Greenfield Estates, The Owls, and Agnes Kovar provided desserts for Thursday lunches.

### **Families and Friends**

- Thanks to the generosity of families and friends, the Senior Center has received donations over the years of a large entertainment center, large screen TV, DVR player, tables, chairs, dining room set, buffets, credenzas, sofas, chairs, lamps, freezer, dishwasher, plants, artwork, decorations, books, Wii game console, a wheelchair, walkers, and many other items.
- Thanks to Police Chief Keith Morgan and other safety staff for preparing and serving many Thursday lunches, barbecues and an ice cream social.

## **Awesome Volunteers – We could not operate without you!!!!**

### **Our many volunteers have:**

- Provided pastries, appetizers, and other food items for special events.
- Contributed “thousands” of service hours.
- Coordinated special events.
- Driven the fun bus for trips, shopping and other outings.
- Escorted members to doctor appointments.
- Visited and offered companionship to homebound members.
- Delivered meals to homebound members.
- Taken care of inside and outside plants.
- Decorated the center for the Quilt Fair and Christmas in the Manor English Tea.
- Hosted fabulous monthly jam sessions.
- Administered soothing hand massages.



## ST PATTY'S LUNCH

## PATIO AND GARDENS

