

Richfield

Senior Center

2016 Annual Report



Mission

- Provide an environment that validates the changing needs and interests of senior citizens and enhance growth, dignity and connection with each other and the greater community.
- Foster improved understanding of the unique talents and abilities of senior citizens and their importance to our community.
- Identify senior needs within the community and communicate those needs to the Human Services Commission.
- Through creative programming, provide participants opportunities and resources in the areas of physical and mental health, nutrition, recreation and education.
- Enjoy the fellowship of those who share common interests and goals.

Vision

We envision a community where everyone leads full, healthy, and inspired lives.

Contact Information

4410 W. Streetsboro Road
Richfield, OH 44286
Phone: 330.659.9203
Email: jweber@richfieldvillageohio.org
Website: www.richfieldvillage.org

Senior Center Staff

Jan Weber – Coordinator of Human Services
Kathy Fedrowisch - Assistant Coordinator
Elaine Molis – Assistant Coordinator
Peggy Patterson – Assistant Coordinator & Chef
Laura Willis – Assistant Coordinator

Human Services Commission

Lois Czekaj
Don Larsen
Paul Swan
Anne Taylor
Barb Lanford – Council Rep.

Who We Are In 2016

195 Members

7,800 participants visited the Senior Center

Volunteers

75 volunteers contributed more than 3,000 hours of service including but not limited to, food preparation, baking, serving, clean up, shopping, transportation for shopping trips, fun trips, doctor visits, senior center, care of inside plants, care of birdfeeders, running bingo and other games, hosting movies, band practice & jam sessions, library maintenance, photography, window displays, handyman, sunshine, meal delivery, office assistance, and special events.

Programs and Services:

Health & Wellness

50 Residents have the home health monitoring program through the Fire Department

1,200 Blood pressure checks were administered

65 Members participated in the podiatry program

Fall flu shots were administered

Nutrition

485 Monday Morning Café Breakfasts were prepared and served at the Senior Center.

2,731 Meals were delivered

2,750 Thursday lunches were prepared and served at the Senior Center



Monday Morning Café

Transportation

60 rides were provided primarily for programs at the Senior Center, shopping trips, and medical visits.

Entertainment

Movies – A classic movie is hosted at the senior center the first Tuesday of the month. There are themed decorations, lively discussions and delicious refreshments.



Library

Many donated books, magazines and puzzles are available to take home.

Memories Unlimited-Senior Center Band

The Senior Center's very talented band hosts a jam session on the 4th Tuesday of the month. Attendees enjoy singing, dancing or just listening to a wonderful variety of music. Coffee, tea and dessert are provided. Free.



Memories Unlimited Band

Physical Activities – promotes mobility and can turn back the clock

Arm Chair Exercises

Offered every (Thursday) prior to lunch and bingo. Low impact chair stretching exercises.

Tai Chi

Offered every (Wednesday) - a great way to improve your strength and balance. This exercise program stresses balance control, flexibility, and cardiovascular fitness. Our expert Tai Chi instructor has been teaching at the senior center for 18 years.

Yoga

Offered twice a week (Tuesday and Friday) - helps keep you active, stimulates energy, promotes a positive attitude, calmer emotions, wisdom, stronger muscles and joints, and eliminates depression. It combines relaxation, meditation and stretching. Our expert Yoga instructor has been teaching at the senior center for 11 years.

TAI CHI GROUP



YOGA GROUP



Fun Bus Trips

The 14 passenger Senior Bus provided 16 trips to 181 participants

Trips included visits to various places including:

- Tower City Tour & West Side Market – Cleveland, OH
- Hartville Flea Market – Hartville, OH
- Cleveland Science Center – Cleveland, OH
- Hard Rock Casino – Northfield, OH
- Nautica Queen Lunch Cruise – Cleveland, OH
- African Safari Wildlife Park – Port Clinton, OH
- Amish Country – Walnut Creek, OH
- Hollywood Casino - Toledo, OH
- Tall Ships – Fairport Harbor, OH
- Castle Noel Tour & Molly's Tearoom – Medina, OH
- Liberty Aviation Museum & 50's Diner – Port Clinton, OH
- Kelley's Island – Kelley's Island, OH
- Oberlin Art Museum – Oberlin, OH
- Holiday Tree Festival – Akron, OH

Mental Activities – turn back the clock and stimulate the brain

Bingo is played every Thursday

Scrabble is played the fourth Monday of the month

Pinochle is played the fourth Monday of the month

Aging Concerns discussion group meets the 2nd Wednesday of the month to discuss concerns about the aging process and the changes that come with it.

The Richfield Quilters meet every Wednesday



Special Events

Guests enjoyed such special events as:

- Volunteer Dinner – 75 Volunteers enjoyed a delicious appreciation dinner as a small thank you for all their volunteer services



- Annual Quilt Fair featured 120 quilts on display. Over 200 guests attended the fair enjoying the beautiful quilts, a country store, the Café, lovely decorations, and raffle items. The theme was “Four Seasons.”
- The “People’s Choice Awards” for 2016 went to:
 - 1st Place – Patricia Sandin – “Welcome to the Garden of YO”
 - 2nd Place – June Dengate – “Cross Stitched Flower Baskets”
 - 3rd Place – Jan Nagel – “Applied Wreath In Fall Colors”



**First Quilt made by
The Richfield Friendship
Quilt Club -- 1930**



Some of the quilts on display



Country Store

- Jam Sessions were provided by the senior band “Memories Unlimited” and guests enjoyed wonderful music and refreshments



“Memories Unlimited”

- Approximately 80 guests enjoyed an Ice Cream Social on a lovely August evening. Richfield’s current Police Chief and wife (Nancy) together with other volunteers served up ice cream sundaes, ice cream cones, root beer floats, and our great band entertained with wonderful music.

Ice Cream Social



Big Band Concert

“Moonlight Serenaders” a 19 piece “Big Band” in the Tradition of Glenn Miller entertained a sold out crowd with great music of the fabulous 40’s from the Great American Songbook. Beverages, snacks, sing-alongs and dancing were enjoyed by all.



The Annual Christmas In The Manor English Tea – 110 guests enjoyed an elegant event featuring fancy finger sandwiches, delicious, decadent and beautiful desserts and cakes. This has become an annual event for many families and friends to enjoy. The Christmas décor was absolutely exquisite. A local 4H group helped with serving and clean up.



Thank you, thank you, to our many benefactors over the years

Organizations and Businesses – over the years

- AmVets Post 176 contributions have provided the senior center the ability to purchase beautiful refurbished office furniture, new window blinds for the office, a gorgeous teak patio set, teak rockers & teak benches, a Weber gas grill, new computer system, a great sound system, and carpeting.
- The Vowles family memorial contribution provided a much needed new kitchen stove, refrigerator, freezer, and other kitchen items.
- Bath Volunteers contributions provided the senior center with a much needed dishwasher.
- Visiting Angels Services, Renaissance of Richfield, Greenfield Estates and Agnes Kovar provided desserts for Thursday lunches.

Families and Friends

- Thanks to the generosity of families and friends the senior center has received donations over the years of a large entertainment center, large screen TV, DVR player, tables, chairs, dining room set, buffets, credenzas, sofas, chairs, lamps, freezer, dishwasher, plants, artwork, decorations, books, Wii game console, a wheelchair, walkers, and many other items.
- Thanks to our Police Chief and other safety staff for preparing and serving many Thursday lunches, barbecues and an ice cream social.

Awesome Volunteers – We could not operate without you!!!!

Our many volunteers have:

- Provided pastries, appetizers, and other food items for special events.
- Contributed “thousands” of service hours.
- Coordinated special events.
- Driven the fun bus for trips, shopping and other outings.
- Escorted members to doctor appointments.
- Visited and offered companionship to homebound members.
- Delivered meals to homebound members.
- Taken care of inside and outside plants.
- Decorated the center for the Quilt Fair and Christmas in the Manor English Tea.
- Hosted fabulous monthly jam sessions.

ST. PATTY'S LUNCH AND BINGO



PATIO AND GARDENS

