

# Richfield Senior Center *2019 Annual Report*



## **Mission**

- Provide an environment that validates the changing needs and interests of senior citizens and enhance growth, dignity and connection with each other and the greater community.
- Foster improved understanding of the unique talents and abilities of senior citizens and their importance to the greater community.
- Identify senior needs within the community and communicate those needs to the Human Services Commission.
- Through creative programming, provide participants opportunities and resources in the areas of physical and mental health, nutrition, recreation and education.
- Enjoy the fellowship of those who share common interests and goals.

## **Vision**

We envision a community where everyone leads full, healthy, and inspired lives.

## **Contact Information**

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## **Senior Center Staff**

Jan Weber – Coordinator of Human Services  
Linda Corsi – Assistant Coordinator  
Kathy Fedrowisch - Assistant Coordinator  
Angie Lyons – Assistant Coordinator  
Elaine Molis – Assistant Coordinator  
Peggy Patterson – Assistant Coordinator & Chef  
Laura Willis – Assistant Coordinator

## **Human Services Commission**

Lois Czekaj  
Don Larsen  
Paul Swan  
Anne Taylor  
Barb Lanford – Council Rep.

## **Who We Are In 2019**

210 Members  
15,194 participants visited the Senior Center

### **Volunteers**

75 volunteers contributed more than 3,000 hours of service including but not limited to, food preparation, baking, serving, clean up, shopping, transportation for fun trips and doctor visits, care of inside plants, running bingo and other games, hosting movies, band practice & jam sessions, library maintenance, photography, window displays, handyman, sunshine, meal delivery, office assistance, special events, decorating, etc.

## **Programs and Services**

### **Health & Wellness**

1400 Blood pressure checks were administered  
66 Members participated in the podiatry program  
19 Residents participated in the meal delivery program and 5,379 meals were delivered  
Flu shots were administered in October

### **Nutrition**

568 Monday Morning Café Breakfasts were prepared and served at the Senior Center  
3,115 Thursday lunches were prepared and served at the Senior Center  
5,379 Meals were delivered

### **Transportation**

2 rides were provided to doctor appointments

## **Classic Movies**

A classic movie was hosted and sponsored at the Senior Center the first Tuesday of the month, April through October. Themed decorations, lively discussions, delicious refreshments and socializing were enjoyed by all.

Movies included: The Good Earth; Bachelor Mother; Drums Along the Mohawk; and other classic movies.

## **Library**

Many donated books, magazines and puzzles are available to take home.

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## **“Memories Unlimited” - Senior Center Band**

The Senior Center’s very talented band hosts a jam session on the 4<sup>th</sup> Tuesday of the month. Guests enjoy singing, dancing or just listening to a wonderful variety of music. Coffee, tea and dessert are provided. 350+ guests attended in 2019. Free



**Memories Unlimited Band**

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## **Physical Activities** – promotes mobility and can turn back the aging clock

### **Tai Chi**

Offered every Wednesday, Tai Chi is a great way to improve your strength and balance. This exercise program stresses balance control, flexibility, and cardiovascular fitness. Our expert Tai Chi instructor has been teaching at the Senior Center for 19 years. There were 265 participants in 2019.

### **Yoga**

Offered twice a week on Tuesday and Friday, Yoga helps keep you active, stimulates energy, promotes a positive attitude, calmer emotions, wisdom, stronger muscles and joints, and eliminates depression. It combines relaxation, meditation and stretching. Our expert Yoga instructor has been teaching at the Senior Center for 12 years. There were 828 participants in 2019.

## TAI CHI GROUP



## YOGA GROUP



## Fun Bus Trips

The 14 passenger Senior Bus and 8 passenger Van provided 25 trips for 390+ participants.

Trips included visits to various places including:

- Derrick Medical Museum – Cleveland
- Cleveland Rainforest – Cleveland
- Ohio Star Theatre – Sugarcreek
- Downtown Willoughby – Willoughby
- Crocker Park – Westlake
- Rubber Ducks – Akron
- Lake Farmpark – Kirtland
- Steele Mansion – Painesville
- Goodtime III – Cleveland
- Gervasi Winery – Canton
- Mesopotamia Ox Roast – Middlefield
- Tall Ships – Cleveland
- Kelley's Island – Kelley Island
- Lolly the Trolley – Cleveland
- Hartville Marketplace – Hartville
- Schoepfle Gardens – Vermilion
- Schrock's Amish Farm – Millersburg
- Cooper's Cider Mill - Bucyrus
- Age of Steam Roundhouse – Sugarcreek
- Dennison Railroad Museum – Dennison
- Cleveland Aquarium – Cleveland
- Mount Augustine Tour – Richfield
- Christmas Story House – Cleveland
- Holiday Tree Festival – Akron



## **DINNER GROUP:**

The dinner group continues our evening outings April through November. We dine at a variety of restaurants within the greater Cleveland and Akron areas once a month. 134 dining guests had a delightful evening out, enjoying great food, socializing and making new friends.

Our December dinner was held at our beautifully decorated senior center featuring a catered dinner. 34 guests enjoyed the delicious Christmas dinner and visiting with everyone.

Restaurants enjoyed by all:

Olesia's Place – No. Royalton

Zach's Steak House – Berea

Margaritaville – Cleveland

Lager & Vine – Hudson

Hidden Backyard – No. Royalton

Barrel Lodge – Streetsboro

Boulevard Tavern – Cuyahoga Falls

Christmas Dinner – "A Catered Affair" - Richfield



## **Mental & Physical Activities** – turn back the clock and stimulate the brain

Bingo is played every Thursday

Scrabble is played the fourth Monday of the month

Pinochle is played the fourth Monday of the month

The Richfield Quilters meet every Wednesday

The Mat Makers meet every Wednesday from 10:00-12:00 folding & cutting plastic grocery store bags to make “plarn” and crochet mats for the homeless.

## **Special Events**

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Guests enjoyed such special events as:

- **VOLUNTEER DINNER** – 75 Volunteers enjoyed a delicious appreciation dinner as a small thank you for all their volunteer services.



- **ANNUAL QUILT FAIR** - featured 100+ quilts on display. 255+ guests attended the fair enjoying the beautiful quilts, a country store, the Café, lovely decorations, and raffle items. The theme was “Express Yourself.” There were 23 Auction/Raffle items.
- The “People’s Choice Awards” for 2019 went to:
  - 1st Place – June Dengate – Cross Stitch
  - 2nd Place – C. Melvin – LRQH – Giraffe in the Jungle
  - 3rd Place – Norma Hasher – My Dream Garden



**First Quilt made by  
The Richfield Friendship  
Quilt Club -- 1930**



**Some of the quilts on display**



**Country Store**

- **JAM SESSIONS** were provided by the Senior Center band “Memories Unlimited” and 350+ guests enjoyed great music, refreshments and socializing.



**“Memories Unlimited” – Jam Sessions**



## **ICE CREAM SOCIAL**

- Approximately 90+ guests enjoyed an Ice Cream Social on a lovely August evening. Police Chief Keith Morgan and his wife Nancy, Mike Swanson, Paul and Michal Swan, together with other volunteers served ice cream sundaes, root beer floats, and our great band entertained with wonderful music.



**I scream**

**You scream**

**We all scream  
for ice cream**

## Annual Christmas In The Manor - English Tea

105 guests enjoyed this elegant event featuring fancy finger sandwiches, delicious, decadent and beautiful desserts and cakes. This has become an annual event for many families and friends to enjoy. The Christmas décor was absolutely exquisite. Nine Students from Revere High School did an excellent job serving and cleaning up.



# Other Events



**Travelin' Man Concert**



**Jazz Band**



**Frank & Dean Concert**



**Audience**



**Audience**

# Country Hoedown

A “Country Hoedown” was held in October with “Memories Unlimited” providing live country music. Members of the Broadview Heights Senior Line Dancers also enjoyed the evening. Everyone had a rip-roaring good time enjoying the live music, chuck wagon grub, Sasparilla and Cactus Juice.



Live Music by  
Memories  
Unlimited



Outlaws & Lawmen



Giddy Up



More Outlaws



Hey Bartender !!

Chuck  
Wagon  
Grub



Cowgirls



## **Purchases and Improvements**

- Replaced carpeting in Western Reserve room with vinyl wood plank flooring
- Repaired roof leak
- Installed large garden pots
- Planted herbs & tomato plants in garden pots
- Kitchen grease trap cleaned
- Kitchen solar shades installed
- Slate roof cleaned
- Replaced torque converter in fun bus
- Furnace serviced and repaired
- West entrance doors repaired and properly sealed
- Chairs and carpeting cleaned
- Shelves built and installed in entrance hall alcove
- Exterior lights replaced above the south entrance door

## **Organizations and Businesses – over the years**

- AMVETS Post 176 contributions have provided the Senior Center the ability to purchase beautiful refurbished office furniture, new window blinds for the office, a gorgeous teak patio set, teak rockers & teak benches, a Weber gas grill, new computer system, a state-of-the-art sound system, carpeting, and refurbishing of our Wurlitzer piano.
- Renaissance of Richfield, Regina Health Center, The Inn at Appleridge, Blue Stream Rehab & Nursing, and Agnes Kovar provided desserts for Thursday lunches.

## **Families and Friends**

- Thanks to the generosity of families and friends, the Senior Center has received donations over the years of a large entertainment center, large screen TV, DVR player, tables, chairs, dining room set, buffets, credenzas, sofas, chairs, lamps, freezer, dishwasher, plants, artwork, decorations, books, Wii game console, a wheelchair, walkers, and many other items.
- Special thanks to families and friends for their generous monetary donations to the senior center that have funded our gorgeous commercial kitchen, replaced carpeting in our main room and installed vinyl wood plank flooring in the bingo room, at no cost to the Village.

## **Awesome Volunteers – We could not operate without you!!!!**

### **Our many volunteers have:**

- Provided pastries, appetizers, and other food items for special events
- Contributed “thousands” of service hours
- Coordinated special events
- Driven the fun bus for trips, dinners, and other outings
- Escorted members to doctor appointments
- Visited and offered companionship to homebound members
- Delivered meals to homebound members
- Taken care of inside and outside plants
- Decorated the center for the Quilt Fair and Christmas in the Manor English Tea
- Hosted fabulous monthly jam sessions

***This is our great Richfield Village Senior Center in a nutshell!***