

Richfield

Senior Center

2018 Annual Report



Mission

- Provide an environment that validates the changing needs and interests of senior citizens and enhance growth, dignity and connection with each other and the greater community.
- Foster improved understanding of the unique talents and abilities of senior citizens and their importance to the greater community.
- Identify senior needs within the community and communicate those needs to the Human Services Commission.
- Through creative programming, provide participants opportunities and resources in the areas of physical and mental health, nutrition, recreation and education.
- Enjoy the fellowship of those who share common interests and goals.

Vision

We envision a community where everyone leads full, healthy, and inspired lives.

Contact Information

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Senior Center Staff

Jan Weber – Coordinator of Human Services
Linda Corsi – Assistant Coordinator
Kathy Fedrowisch - Assistant Coordinator
Elaine Molis – Assistant Coordinator
Peggy Patterson – Assistant Coordinator & Chef
Laura Willis – Assistant Coordinator

Human Services Commission

Lois Czekaj
Don Larsen
Paul Swan
Anne Taylor
Barb Lanford – Council Rep.

Who We Are In 2018

190 Members
13,570 participants visited the Senior Center

Volunteers

75 volunteers contributed more than 3,000 hours of service including but not limited to, food preparation, baking, serving, clean up, shopping, transportation for shopping trips, fun trips, doctor visits, senior center, care of inside plants, care of birdfeeders, running bingo and other games, hosting movies, band practice & jam sessions, library maintenance, photography, window displays, handyman, sunshine, meal delivery, office assistance, special events, etc.

Programs and Services:

Health & Wellness

30 Residents participate in the home health monitoring program
1,440 Blood pressure checks were administered
58 Members participated in the podiatry program
17 Residents participated in the meal delivery program and 4373 meals were delivered
Flu shots were administered in October

Nutrition

532 Monday Morning Café Breakfasts were prepared and served at the Senior Center
4,373 Meals were delivered
3,207 Thursday lunches were prepared and served at the Senior Center

Transportation

20 rides were provided primarily for programs at the Senior Center.

Classic Movies

A classic movie is hosted and sponsored at the Senior Center the first Tuesday of the month, April through November. Themed decorations, lively discussions, delicious refreshments and socializing are enjoyed by all.

Movies included: The Illusionist; Strawberry Blonde; Gunga Din; The More the Merrier; Heidi; Stagecoach.

Library

Many donated books, magazines and puzzles are available to take home.

“Memories Unlimited” - Senior Center Band

The Senior Center’s very talented band hosts a jam session on the 4th Tuesday of the month. Guests enjoy singing, dancing or just listening to a wonderful variety of music. Coffee, tea and dessert are provided. 400+ guests attended in 2018. Free



Memories Unlimited Band

Physical Activities – promotes mobility and can turn back the aging clock

Arm Chair Exercises

Offered every Thursday, prior to lunch and bingo. This is low impact chair stretching exercise.

Tai Chi

Offered every Wednesday, Tai Chi is a great way to improve your strength and balance. This exercise program stresses balance control, flexibility, and cardiovascular fitness. Our expert Tai Chi instructor has been teaching at the Senior Center for 19 years. There were 230 participants in 2018.

Yoga

Offered twice a week on Tuesday and Friday, Yoga helps keep you active, stimulates energy, promotes a positive attitude, calmer emotions, wisdom, stronger muscles and joints, and eliminates depression. It combines relaxation, meditation and stretching. Our expert Yoga instructor has been teaching at the Senior Center for 12 years. There were 624 participants in 2018.

TAI CHI GROUP



YOGA GROUP



Fun Bus Trips

The 14 passenger Senior Bus and 8 passenger Van provided 29 trips for 360+ participants.

Trips included visits to various places including:

- Malley's Chocolates & Das Shnitzel Haus – Cleveland, OH
- Lakeview Cemetary – Cleveland, OH
- Salt Spa & Miss Hickory's Tea Room – Strongsville, OH
- Akron Glass Works & Drumm Museum – Akron, OH
- Terminal Tower & Soldiers, Sailors Monument – Cleveland, OH
- Playhouse Square Tour & Hofbrauhaus – Cleveland, OH
- Hartville Market – Hartville, OH
- Kent State Fashion Museum – Kent, OH
- Ashery Store, Heini's Cheese, etc. – Sugarcreek, OH
- Mishier Weaving – Smithville, OH
- Mystic Belle on the Vermilion River – Vermilion, OH
- Marblehouse Lighthouse – Marblehead, OH
- Salute to America – Blossom Music Center
- Middlefield Cheese – Middlefield, OH
- Kelley's Island – Kelley Island, OH
- Wagon Trails Animal Park – Youngstown, OH
- Lakeside Craft & Art Show – Lakeside, OH
- League Park & Progressive Field – Cleveland, OH
- Geneva on the Lake – Geneva, OH
- BCI & Richfield Police & Fire Dept Tours – Richfield, OH
- Red Run Bison Farm – Marshallville, OH
- Barberton Mum Festival – Barberton, OH
- Fowler's Mill & Patterson Fruit Farm – Chesterland, OH
- Root Candle & Miss Molly's Tea Room – Medina, OH
- Jack Casino – Cleveland, OH
- Christmas Tree Festival – Akron, OH



DINNER GROUP:

The dinner group continues our evening outings April through November. We dine at a variety of restaurants within the greater Cleveland and Akron areas on the third Wednesday of the month. 137 dining guests had a delightful evening out, enjoying great food, socializing and making new friends.

Our December dinner was held at our beautifully decorated senior center featuring a catered dinner. 46 guests enjoyed the delicious Christmas dinner and visiting with everyone.

Restaurants enjoyed by all:

- London Pickle Works – Brecksville, OH
- Alexandris Restaurant – Medina, OH
- Gene's Place – Cleveland, OH
- The Club House – Parma, OH
- Tinkers Creek Tavern – Walton Hills, OH
- Santo Soussos – Medina, OH
- Das Schnitzel Haus – Parma, OH
- A Catered Affair - Christmas Dinner at the Senior Center



Mental & Physical Activities – turn back the clock and stimulate the brain

Bingo is played every Thursday

Scrabble is played the fourth Monday of the month

Pinochle is played the fourth Monday of the month

The Richfield Quilters meet every Wednesday

The Mat Makers meet every Wednesday from 10:00-12:00 folding & cutting plastic grocery store bags to make “plarn” and crochet mats for the homeless.

Special Events

Guests enjoyed such special events as:

- **VOLUNTEER DINNER** – 75 Volunteers enjoyed a delicious appreciation dinner as a small thank you for all their volunteer services.



- **ANNUAL QUILT FAIR** - featured 120 quilts on display. 208+ guests attended the fair enjoying the beautiful quilts, a country store, the Café, lovely decorations, and raffle items. The theme was “Express Yourself.” There were 19 Auction/Raffle items.
- The “People’s Choice Awards” for 2018 went to:
 - 1st Place – June Dengate
 - 2nd Place – Norma Hascher
 - 3rd Place – Walter Pachnowski



**First Quilt made by
The Richfield Friendship
Quilt Club -- 1930**



Some of the quilts on display



Country Store

- **JAM SESSIONS** were provided by the Senior Center band “Memories Unlimited” and 350+ guests enjoyed great music, refreshments and socializing.



“Memories Unlimited” – Jam Sessions



ICE CREAM SOCIAL

- Approximately 90+ guests enjoyed an Ice Cream Social on a lovely August evening. Police Chief Keith Morgan and his wife Nancy, Fire Chief Phil McLean and his wife Sherri, and Paul and Michal Swan, together with other volunteers served ice cream sundaes, ice cream cones, root beer floats, and our great band entertained with wonderful music.



Big Band Concert

“Moonlight Serenaders” a 20 piece “Big Band” in the Tradition of Glenn Miller entertained sold out crowds in March and October with great music of the fabulous 40’s. Beverages, snacks, sing-alongs and dancing were enjoyed by all. 220+ guests enjoyed the programs.



Annual Christmas In The Manor - English Tea

115 guests enjoyed this elegant event featuring fancy finger sandwiches, delicious, decadent and beautiful desserts and cakes. This has become an annual event for many families and friends to enjoy. The Christmas décor was absolutely exquisite. Eight Honor Group Students from Revere High School helped with serving and clean up.



Purchases and Improvements

- An 8 passenger 2013 Ford F150 Van was purchased for \$20,166.00.
- A new ADA automatic entrance door was installed.
- A CDBG Grant funded electrical upgrades throughout the senior center.
- All carpeting was cleaned.
- The floodlights above the entrance door were repaired and are working properly.
- The Wurlitzer piano was turned and refurbished.

Thank you, thank you, to our many benefactors over the years

Organizations and Businesses – over the years

- AMVETS Post 176 contributions have provided the Senior Center the ability to purchase beautiful refurbished office furniture, new window blinds for the office, a gorgeous teak patio set, teak rockers & teak benches, a Weber gas grill, new computer system, a state-of-the-art sound system, carpeting, and refurbishing of our Wurlitzer piano.
- Renaissance of Richfield, The Owls (Older Wiser Life Services), The Inn at Appleridge, Blue Stream Rehab & Nursing, and Agnes Kovar provided desserts for Thursday lunches.

Families and Friends

- Thanks to the generosity of families and friends, the Senior Center has received donations over the years of a large entertainment center, large screen TV, DVR player, tables, chairs, dining room set, buffets, credenzas, sofas, chairs, lamps, freezer, dishwasher, plants, artwork, decorations, books, Wii game console, a wheelchair, walkers, and many other items.
- Thanks to Police Chief Keith Morgan and other safety staff for preparing and serving many Thursday lunches.

Awesome Volunteers – We could not operate without you!!!!

Our many volunteers have:

- Provided pastries, appetizers, and other food items for special events
- Contributed “thousands” of service hours
- Coordinated special event.
- Driven the fun bus for trips, shopping and other outings
- Escorted members to doctor appointments
- Visited and offered companionship to homebound members
- Delivered meals to homebound members
- Taken care of inside and outside plants
- Decorated the center for the Quilt Fair and Christmas in the Manor English Tea
- Hosted fabulous monthly jam sessions

Country Hoedown

A “Country Hoedown” was held in June with “Memories Unlimited” providing live country music. The Broadview Heights Senior Line Dancers demonstrated several “line dances”. Everyone had a rip-roaring good time enjoying the live music, chuck wagon grub and Sasparilla and Cactus Juice.



Live Music by
Memories
Unlimited



Outlaws & Lawmen



Giddy-Up



Broadview Hts Senior Line Dancers

Chuck
Wagon
Grub



Everyone
joined in
dancing

