

# Richfield Senior Center *2021 Annual Report*



## **Mission**

- Provide an environment that validates the changing needs and interests of senior citizens and enhance growth, dignity and connection with each other and the greater community.
- Foster improved understanding of the unique talents and abilities of senior citizens and their importance to the greater community.
- Identify senior needs within the community and communicate those needs to the Human Services Commission.
- Through creative programming, provide participants opportunities and resources in the areas of physical and mental health, nutrition, recreation and education.
- Enjoy the fellowship of those who share common interests and goals.

## **Vision**

We envision a community where everyone leads full, healthy, and inspired lives.

## **Contact Information**

4410 W. Streetsboro Road  
Richfield, OH 44286  
Phone: 330.659.9203  
Email: [senior\\_center@richfieldvillageohio.org](mailto:senior_center@richfieldvillageohio.org)  
Website: [www.richfieldvillageohio.org](http://www.richfieldvillageohio.org)

## **Senior Center Staff**

Kathy Fedrowisch – Coordinator of Human Services  
Linda Corsi – Assistant Coordinator  
Angie Lyons – Assistant Coordinator  
Elaine Molis – Assistant Coordinator  
Peggy Patterson – Assistant Coordinator & Chef  
Laura Willis – Assistant Coordinator

## **Human Services Commission**

Lois Czekaj  
Don Larsen  
Paul Swan  
Jan Weber  
Sue Ann Philipbar – Council Rep.

***The Senior Center was officially closed March 13, 2020 due to the Covid 19 Pandemic. The center reopened June 1, 2021 only to be closed again for the month of September, reopening again October 1<sup>st</sup>.***

## **Who We Are:**

### **In 2021**

210 Members  
5,194 participants visited the Senior Center

### **Volunteers**

70 volunteers contributed more than 2,200 hours of service including but not limited to,

## **Programs and Services**

### **Health & Wellness**

Blood pressure checks were administered  
15 Residents participated in the meal delivery program and 3,036 meals were delivered  
Flu shots were administered in October

### **Nutrition**

262 Café Breakfasts were prepared and served at the Senior Center  
1,080 Thursday lunches were prepared and served at the Senior Center  
3,036 Meals were delivered

### **Library**

Many donated books, magazines and puzzles are available to take home.

---

## **“Country Frye Band” - Senior Center Band**

The Senior Center’s very talented band hosts a jam session on the 2nd and 4th Tuesday of the month. Guests enjoy singing, dancing or just listening to a wonderful variety of music. Coffee, tea and dessert are provided. 240+ guests attended in 2021. Free

---

## **Physical Activities** – promotes mobility and can turn back the aging clock

### **Tai Chi**

Offered every Wednesday, Tai Chi is a great way to improve your strength and balance. This exercise program stresses balance control, flexibility, and cardiovascular fitness. Our expert Tai Chi instructor has been teaching at the Senior Center for 21 years. There were 72 participants in 2021.

### **Yoga**

Offered twice a week on Tuesday and Friday, Yoga helps keep you active, stimulates energy, promotes a positive attitude, calmer emotions, wisdom, stronger muscles and joints, and eliminates depression. It combines relaxation, meditation and stretching. Our expert Yoga instructor has been teaching at the Senior Center for 14 years. There were 385 participants in 2021.

## **Fun Bus Trips**

The 14 passenger Senior Bus provided 3 trips for 52 participants.

Trips included visits to various places including:

- Rubber Ducks – Akron
- Asian Lantern Festival – Cleveland Zoo
- Zoo Lights – Cleveland Zoo

## **DINNER GROUP:**

Unfortunately due to the Pandemic there were no dinner group outings in 2021

## **Mental & Physical Activities** – turn back the clock and stimulate the brain

Bingo is played every Thursday

The Richfield Quilters meet every Wednesday

The Mat Makers meet every Wednesday from 10:00-12:00 folding & cutting plastic grocery store bags to make “plam” and crochet mats for the homeless.

The Medina Spinning & Weaving Guild meets twice a month

Games are played twice a month

## **Special Events**

---

Guests enjoyed such special events as:

Ice Cream Social

Country Hoedown

Annual Christmas in the Manor “English Tea”

## **Thank you, thank you, to our many benefactors over the years**

### **Organizations and Businesses – over the years**

- AMVETS Post 176 contributions have provided the Senior Center the ability to purchase beautiful refurbished office furniture, new window blinds for the office, a gorgeous teak patio set, teak rockers & teak benches, a Weber gas grill, new computer system, a state-of-the-art sound system, carpeting, and refurbishing of our Wurlitzer piano.
- Renaissance of Richfield, Regina Health Center, The Inn at Appleridge, Blue Stream Rehab & Nursing, and Agnes Kovar provided desserts for Thursday lunches.

### **Families and Friends**

- Thanks to the generosity of families and friends, the Senior Center has received donations over the years of a large entertainment center, large screen TV, DVR player, tables, chairs, dining room set, buffets, credenzas, sofas, chairs, lamps, freezer, dishwasher, plants, artwork, decorations, books, Wii game console, a wheelchair, walkers, and many other items.
- Special thanks to families and friends for their generous monetary donations to the senior center that have funded our gorgeous commercial kitchen, replaced carpeting in our main room and installed vinyl wood plank flooring in the bingo room, at no cost to the Village.

## **Awesome Volunteers – We could not operate without you!!!!**

### **Our many volunteers have:**

- Provided pastries, appetizers, and other food items for special events
- Contributed “thousands” of service hours
- Coordinated special events
- Driven the fun bus for trips, dinners, and other outings
- Visited and offered companionship to homebound members
- Delivered meals to homebound members

- Taken care of inside and outside plants
- Decorated the center for the Ice Cream Social, Country Hoedown and Christmas in the Manor “English Tea”
- Hosted fabulous monthly jam sessions