

Richfield Senior Center *2024 Annual Report*



Mission

- Provide an environment that validates the changing needs and interests of senior citizens and enhance growth, dignity and connection with each other and the greater community.
- Foster improved understanding of the unique talents and abilities of senior citizens and their importance to the greater community.
- Identify senior needs within the community and communicate those needs to the Human Services Commission.
- Through creative programming, provide participants opportunities and resources in the areas of physical and mental health, nutrition, recreation, and education.
- Enjoy the fellowship of those who share common interests and goals.

Vision

We envision a community where everyone leads full, healthy, and inspired lives.

Contact Information

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Senior Center Staff

Kathy Fedrowisch – Coordinator of Human Services
Carol Campbell – Assistant Coordinator
Jean Cinadr – Assistant Coordinator
Linda Corsi – Assistant Coordinator
Angie Lyons – Assistant Coordinator
Peggy Patterson – Assistant Coordinator & Chef
Laura Willis – Assistant Coordinator

Human Services Commission

Lois Czekaj
Paul Swan
Juanita Taylor
Jan Weber
Marty Kruszynski – Council Rep.

Who We Are:

In 2024

248 Members
5,000+ participants visited the Senior Center

Volunteers

70 volunteers contributed more than 2,000 hours of service including but not limited to, food preparation, baking, serving, clean up, decorating, transportation for fun trips, care of inside plants, running bingo and other games, band practice & jam sessions, library maintenance, photography, window displays, handyman, sunshine, meal delivery, office assistance, special events, etc.

Programs and Services

Health & Wellness

Blood pressure checks are administered once a month
16 Residents participated in the meal delivery program and 2,862 meals were delivered
Flu shots were administered in September at the Administration Building

Nutrition

550 Café Breakfasts were prepared and served at the Senior Center
3,020 Thursday lunches were prepared and served at the Senior Center
2,862 Meals prepared by Regina Health Center were delivered by 8 volunteer drivers

Library

Many donated books, magazines and puzzles are available to take home.

“Country Frye Band” - Senior Center Band

The Senior Center’s very talented band hosts a jam session on the 2nd and 4th Tuesday of the month. Guests enjoy singing, dancing or just listening to a wonderful variety of music. Coffee, tea, and desserts are provided. 150+ guests attended in 2024.

Physical Activities – promote mobility and turn back the aging clock

Line Dancing

Offered every Monday afternoon. 362 participants enjoyed learning new dances. The group participated in the October Line Dance Party in Macedonia.

Tai Chi

Offered every Wednesday, Tai Chi is a terrific way to improve strength and balance. This exercise program stresses balance control, flexibility, and cardiovascular fitness. Our expert Tai Chi instructor has been teaching at the Senior Center for 26 years and there were 174 participants in 2024.

Yoga

Offered twice a week on Tuesday and Friday, Yoga keeps you active, stimulates energy, promotes a positive attitude, calmer emotions, wisdom, stronger muscles and joints, and eliminates depression. Yoga combines relaxation, meditation and stretching. Our expert Yoga instructor has been teaching at the Senior Center for 17 years. There were 519 participants in the 2024 program.

Fun Bus Trips

The 14 passenger Fun Bus provided 29 trips for 395 participants.

Trips included visits to various places including:

Trinity Cathedral	Brecksville Little Theatre
Lake Farmpark Quilt Show	Playhouse Square Tour
Bethlehem Cave & Nativity	Trinity Cathedral (2 nd trip)
Ashery & Walnut Creek Farm	Rubber Ducks Game
Schoephle Gardens	Walnut Creek Marketplace
Ohio Star Theatre	Hartville Marketplace
Perkins Mansion	Severance Hall Tour
Everly Bros. Experience	Sanctuary Museum
Aquarium	Merry Go Round Museum
Dunham Tavern Museum	Miss Hickory's & Cleveland Crafts
Don Drumm & Akron Glass Works	Federal Reserve Bank Tour
Lorain & WVA Railroad	Kraynak's Christmasland
Federal Reserve Bank Tour (2 nd trip)	Salute to the Stars
Holiday Tree Festival	E.J. Thomas Christmas Arts Show
Magic of Lights – Cuyahoga County Fairgrounds	

Dinner Group:

There were 8 dinner outings in 2024 with 146 participants. Various restaurants included:

Beer & Belly Grille – Northfield	The South Side – Tremont
Wolf Creek Tavern – Norton	Sunset Harbor Grille – Fairport Harbor
Cloe's Diner – Massillon	Tinkers Creek Tavern – Walton Hills
Union House – Cleveland	Leo's Social Club – Cuyahoga Falls

Mental & Physical Activities – turn back the clock and stimulate the brain

The Coffee & Conversation group meets every Monday morning – 208 participants

Bingo is played every Thursday – 1250 participants

The Richfield Quilters meet every Wednesday – 144 participants

The Mat Makers meet every Wednesday folding & cutting plastic grocery store bags to make “plarn” and crochet mats for the homeless. 750 grocery store bags are processed to complete (1) 3 ft X 6 ft mat – 700 participants

The Medina Spinning & Weaving Guild meets twice a month – 146 participants

Various card games are played every Monday & Wednesday – 672 players. Card games include Left, right, center; Yahtzee; Canasta; Hand and Foot; and Pinochle.

Mahjong is played every Friday – 338 players

Line Dancing class meets every Monday – 362 dancers

Chess is played every Monday. Games started in the fall.

Themed Lunches

Various themed lunches included:

Valentine’s Day

St. Patty’s Day

Kentucky Derby

Thanksgiving

Mardi Gras

Easter

Independence Day

Christmas

Other Programs

Garage Sale: The Senior Center participated in the Richfield Annual Garage Sale Saturday. 13 members manned a table at the senior center and had “treasures” for sale.

Special Events

Guests enjoyed special events:

Jay Nye Concert

Valentine Jam Session

Luau featuring a Steel Drum Duo

Country Hoedown

Volunteer Appreciation Dinner

Medicare Presentation

Kentucky Derby Party

Ice Cream Social

Annual Christmas in the Manor English Tea

Thank you, thank you, to our many benefactors

Organizations and Businesses

- AMVETS Post 176 donations provided the Senior Center the ability to purchase beautiful refurbished office furniture, new window blinds for the office, a gorgeous teak patio set, teak rockers & teak benches, a Weber gas grill, new computer system, a state-of-the-art sound system, carpeting, and refurbishing of our Wurlitzer piano.
- Kaz Company; The Regina Health Center; and The Inn at Appleridge provided desserts for Thursday lunches.

Families and Friends

- Thanks to the generosity of families and friends, the Senior Center has received donations over the years including a large entertainment center, large screen TV, DVR player, tables, chairs, dining room set, buffets, credenzas, sofa, chairs, lamps, freezer, dishwasher, plants, artwork, decorations, books, Wii game console, a wheelchairs, walkers, bookcases, and many other items.
- Special thanks to families and friends for their generous monetary donations to the senior center that funded our gorgeous commercial kitchen, replaced carpeting in our main room and installed vinyl wood plank flooring in the bingo room, all at no cost to the Village.

Awesome Volunteers – We could not operate without you!!!!

Our many volunteers have:

- Provided pastries, appetizers, and other food items for special events
- Contributed “thousands” of service hours
- Coordinated special events
- Driven the fun bus for trips, dinners, and other outings
- Visited and offered companionship to homebound members
- Delivered meals to homebound residents
- Plant care
- Decorated the center for the Luau; Kentucky Derby Party; Ice Cream Social; Country Hoedown; Christmas in the Manor “English Tea”; and themed lunches
- Hosted fabulous monthly jam sessions