

Richfield Senior Center *2025 Annual Report*



Mission

- Provide an environment that validates the changing needs and interests of senior citizens and enhance growth, dignity and connection with each other and the greater community.
- Foster improved understanding of the unique talents and abilities of senior citizens and their importance to the greater community.
- Identify senior needs within the community and communicate those needs to the Human Services Commission.
- Through creative programming, provide participants opportunities and resources in the areas of physical and mental health, nutrition, recreation, and education.
- Enjoy the fellowship of those who share common interests and goals.

Vision

We envision a community where everyone leads full, healthy, and inspired lives.

Contact Information

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Senior Center Staff

Kathy Fedrowisch – Director
Carol Campbell – Administrative Assistant & Trip Coordinator
Jean Cinadr – Administrative Assistant
Rosalie Helderman – Administrative Assistant
Gale Luther - Cook
Angie Lyons – Administrative Assistant
Laura Willis – Administrative Assistant

Human Services Commission

Lois Czekaj
Paul Swan
Juanita Taylor
Jan Weber
Marty Kruszynski – Council Rep.

Who We Are

In 2025

252 Members
7,500+ participants visited the Senior Center

Volunteers

75 volunteers contributed more than 2,030 hours of service including but not limited to, food preparation, baking, serving, clean up, decorating, transportation for fun trips, care of inside plants, running bingo and other games, band practice & jam sessions, library maintenance, photography, window displays, handyman, sunshine, meal delivery, office assistance, special events, etc.

Programs and Services

Health & Wellness

Blood pressure checks are administered once a month
17 Residents participated in the meal delivery program and 2,400 meals were delivered
Flu shots were administered in September at the Administration Building

Nutrition

525 Café Breakfasts were prepared and served at the Senior Center
2,965 Thursday lunches were prepared and served at the Senior Center
2,400 Meals prepared by Regina Health Center were delivered by 8 volunteer drivers

Library

Many donated books, magazines and puzzles are available to take home.

“Country Frye Band” - Senior Center Band

The Senior Center’s very talented band hosts a jam session on the 2nd and 4th Tuesday of the month. Guests enjoy singing, dancing or just listening to a wonderful variety of music. Coffee, tea, and desserts are provided. 550+ guests attended in 2025.

Physical Activities – promote mobility and turn back the aging clock

Line Dancing

Offered every Monday afternoon. 507 participants enjoyed learning new dances. The group participated in the spring and fall Line Dance Parties in Macedonia.

Tai Chi

Offered every Wednesday, Tai Chi is a terrific way to improve strength and balance. This exercise program stresses balance control, flexibility, and cardiovascular fitness. Our expert Tai Chi instructor has been teaching at the Senior Center for 27 years and there were 156 participants in 2025.

Yoga

Offered twice a week on Tuesday and Friday, Yoga keeps you active, stimulates energy, promotes a positive attitude, calmer emotions, wisdom, stronger muscles and joints, and eliminates depression. Yoga combines relaxation, meditation and stretching. Our expert Yoga instructor has been teaching at the Senior Center for 18 years. There were 307

Fun Bus Trips

The 14 passenger Fun Bus & Mini Van provided 42 trips for 627 participants.

Trips included visits to various places including:

Hudson Players - "Camelot"	Cleveland Museum of Natural History
Trinity Cathedral Church Concert (#1)	Warther Museum & Gardens
Maltz Museum	Trinity Cathedral Church Concert (#2)
Cleveland Museum of Illusions	BCI-Ohio Bureau Criminal Investigation
Akron Zips-Collegiate Day	Majestic Meadows Alpaca Farm
Goodtime III Cruise (#1)	Cleveland History Ctr & Crawford Museum
Goodtime III Cruise (#2)	National First Ladies Museum
Farm at Walnut Creek	Grand River Cellars & Winery
Millersburg Glass Museum	Hale Farm & Village
Stan Hywet – Manor House Tour	Rockefeller Park Greenhouse
Hubbard House Underground R.R.	Blue Heron Brewery Tour
Akron Rubber Ducks	Mystic Belle River Cruise
Tazza Glass & Miss Hickory Tea Room	Neil Diamond Tribute - Oho Star Theater
Akron Zoo – Senior Safari Day	Cooper's Cider Mill & Market
Hartville Flea Market Plus	Age of Steam Roundhouse & Museum
Greater Cleveland Aquarium	Troll Hole Museum
Cuyahoga Valley Railroad	Road to Damascus - Ohio Star Theater
Zoar Ghost Tour & Museum	The Ashery & Sol's in Berlin
Hudson Players - "It Shoulda Been You"	Fannie Mae Chocolate Tour
Castle Noel	Knight Center - Arts & Craft Show
Kraynak's Santa's Christmasland	Brecksville Theatre – "White Christmas"

Dinner Group

There were 15 dinner outings in 2025 with 265 participants. Various restaurants included:

Blue Canyon Grille - Twinsburg	Union House – Cleveland
The Aviator – Cleveland	Bourbon Street Barrel – Tremont
Samosky’s – Valley City	Barrel Lodge – Streetsboro
Dock’s Beach House – Port Clinton	Chagrin Tavern-Eastlake
Lorain Brewing Co – Lorain	Lake House – Kent
Sunset Harbor – Fairport	Burntwood Tavern – Cuyahoga Falls
Union House Halloween Bash – Cleveland	Slim & Chubby’s – Strongsville
Leo’s Italian Social – Cuyahoga Falls	

Mental & Physical Activities – turn back the clock and stimulate the brain

The Coffee & Conversation group meets every Monday morning – 264 participants

Bingo is played every Thursday – 1100 participants

The Richfield Quilters meet every Wednesday – 150 participants

The Mat Makers meet every Wednesday folding & cutting plastic grocery store bags to make “plarn” and crochet mats for the homeless. 750 grocery store bags are processed to complete (1) 3 ft X 6 ft mat – 650 participants

The Medina Spinning & Weaving Guild meets twice a month – 177 participants

Various card games are played every Monday & Wednesday – 640 players. Card games include Left, right, center; Yahtzee; Canasta; Hand and Foot; and Pinochle.

Mahjong is played every Friday – 382 players

Line Dancing class meets every Monday – 507 dancers

Chess is played every Monday. Participation slowed – trying to start up again.

A puzzle is always available

Themed Lunches

Various themed lunches included:

Valentine’s Day

St. Patty’s Day

Kentucky Derby

Thanksgiving

Mardi Gras

Easter

Independence Day

Christmas

Other Programs

Garage Sale: The Senior Center participated in the Richfield Annual Garage Sale Saturday. 18 members manned a table at the senior center and had “treasures” for sale.

Special Events

Guests enjoyed special events:

Medicare Presentation
Kentucky Derby Party
Ice Cream Social
Volunteer Appreciation Dinner

Valentine Jam Session
Luau featuring a Steel Drum Duo
Country Hoedown with Country Frye Band
Annual Christmas In the Manor English Tea

Thank you, thank you, to our many benefactors

Organizations and Businesses

- AMVETS Post 176 continues their donations to the Senior Center providing the opportunity to purchase special items.
- Kaz Company; The Regina Health Center; The Inn at Appleridge; and Timberidge provided desserts for Thursday lunches.

Families and Friends

- Thanks to the generosity of families and friends, the Senior Center receives donations of books, puzzles, artwork, decorations, donated items for I'm In Ministry, and other items.

Awesome Volunteers – We could not operate without you!!!!

Our awesome volunteers----

- Provided pastries, appetizers, and other food items for special events
- Contributed “thousands” of service hours
- Assisted with special events
- Driven the fun bus for trips, dinners, and other outings
- Visited and offered companionship to homebound members
- Delivered meals to homebound residents
- Plant care
- Decorated the center for the Luau; Kentucky Derby Party; Ice Cream Social; Country Hoedown; Christmas in the Manor “English Tea”; and themed lunches for all seasons
- Hosted fun filled monthly jam sessions